DOBNOR

To the beneficial shareholders of FLEX LNG Ltd.

Our ref.

Registrars Department

Date

Oslo, 4 May 2010

FLEX LNG LTD. VOTING ANNUAL SHAREHOLDERS MEETING 25 MAY 2010

As your holding of shares of FLEX LNG Ltd. (the "Company") (registered in The Norwegian Central Securities Depository - the "VPS") is registered in the name of DnB NOR Bank ASA in the main register of shareholders on the British Virgin Islands, voting at the above-mentioned Annual Shareholders Meeting (the "Meeting") of the Company, to be held on 25 May 2010, will have to be effected through DnB NOR Bank ASA.

Attached please find a copy of the Notice of Annual Shareholders Meeting issued by the Company on 30 April 2010, a proxy form you may use if you want to cast your votes on the resolutions set forth in the Notice, and an attendance form in case you want to participate at the Meeting.

If you are not attending the Meeting you are encouraged to specify your votes by marking the appropriate boxes on the enclosed proxy form. When properly executed, the shares we hold on your behalf will be voted in the manner directed therein. If you sign and return your proxy form without marking any appropriate boxes, the Chairman of the Meeting, or failing him, any individual duly appointed by the Chairman of the Meeting, will as true and lawful agent and proxy for DnB NOR Bank ASA, vote your shares in favour on all items on the agenda for the Meeting.

Your proxy form must be received by DnB NOR Bank ASA, Registrars Department, Oslo, not later than 20 May 2010, 12:00 hours OsloTime. The PO Box address of DnB NOR Bank ASA is: DnB NOR Bank ASA, Registrars Dept., 0021 Oslo, Norway. Alternatively, send your completed proxy form by facsimile + (47) 22 94 90 20 within the aforementioned date and time.

Di odsoc,

Yours sincerely,

for DnB NOR Bank ASA

Elfrid M. Davidson

Registrars Dept.

VOTING INSTRUCTION

FLEX LNG LTD. (the "Company")

Proxy Solicited for Annual Shareholders Meeting 25 May 2010

The undersigned hereby authorise DnB NOR Bank ASA to constitute and appoint Adam Beighton, chartered Accountant, or failing him, any individual duly appointed by the Chairman of the Meeting, to represent the undersigned at the Annual Shareholders Meeting of the Company to be held in the Isle of Man on 25 May 2010 at 11.00 (local time), for the purposes set forth below and in the Notice of Annual Shareholders Meeting issued by the Company on 30 April 2010.

Please mark your votes as in

this example.

Resolu	utions	YES	NO	ABSTAIN
4.	Approval of notice of meeting and agenda			7130171211
5.	Approval of 2009 Annual Report for the Company and the Group			
6.	Approval of 2009 Annual Accounts for the Company and the Group			
7.	2009 dividend			
8.	Appointment of auditors			
9.	Remuneration of auditors			
10.	Appointment of members to the Board of Directors:			
	10(i) James MacHardy			
	10(ii) James van Hoften			
	10 (iii) Aoki Hiromichi			
	10 (iv) Scott Pearl			
	10 (v) Ian Beveridge			
	10 (vi) Anders Westin			
	10 (vii) Philip Fjeld			
11(i).	Remuneration of Directors			
11(ii)	The Board of Directors of the Company is authorised to issue such number of shares in the Company as are necessary for the Company to deliver such shares as required by resolution 11(i)			
11(iii)	The shareholders of the Company waive the preferential rights as set out in Regulation 3.3 of the Articles of Association in relation to the issuance of the shares referred to in resolution 11(i)			
12	Appointment of members to the nomination committee			
	12 (i) George Linardarkis			
	12 (ii) Aasulv Tveitereid			
	12 (iii) Jean-Francois Cristau			
13	Approval of procedures for the nomination committee			
14	Remuneration of members of the nomination committee			

Signature(s): Date:
Note: Please sign exactly as name appears above, joint owners should each sign. When signing as attorney, executor, administrator or guardian, please give full title as such.
Name of shareholder in block letters:

IF THE SHARES ARE HELD BY NOMINEE, THE SIGNATURE OF THE NOMINEE IS REQUIRED:

Which nominee:	
Signature of nominee:	
Number of shares:	

ATTENDANCE FORM

FLEX LNG LTD. (the "Company")

for Annual Shareholders Meeting 25 May 2010 at 11.00 (local time)

The undersigned will attend the annual shareholders meeting of FLEX LNG Ltd on 25 May 2010.				
I own:	shares NB - MUST BE FILLED IN			
I am proxy for:	shares (please attach proxy form(s))			
Signature:				
Name:	(block letters)			
Place/date:				

Your attendance form must be received by DnB NOR Bank ASA, Registrars Department, Oslo, not later than **20 May 2010**, **12:00 hours OsloTime** in order for you to attend the Annual Shareholders Meeting. The PO Box address of DnB NOR Bank ASA is: DnB NOR Bank ASA, Registrars Dept., 0021 Oslo, Norway. Alternatively, send your completed proxy form by facsimile **+ (47) 22 94 90 20** within the aforementioned date and time.